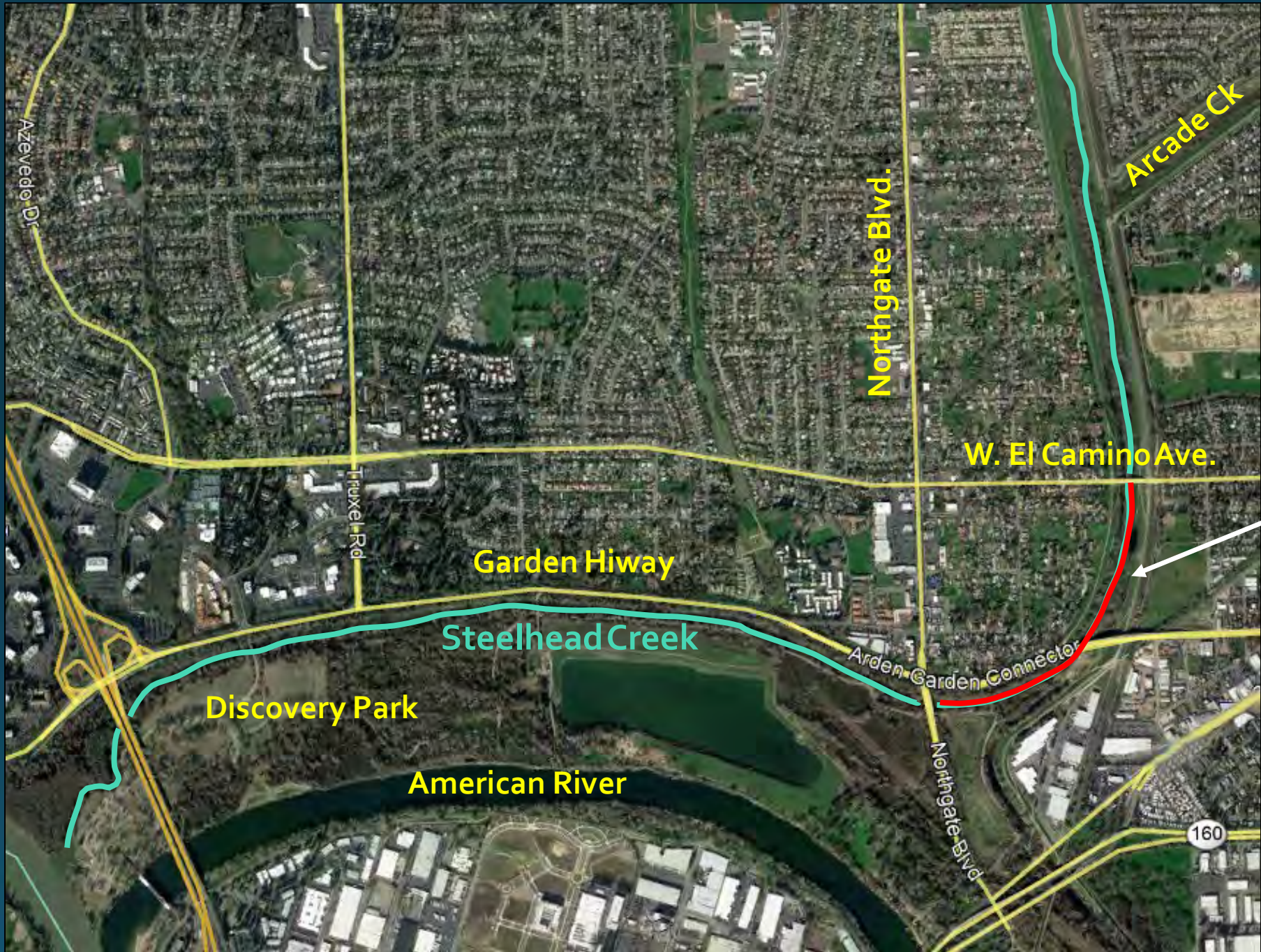


# **SteelheadCreek: Condition, Clean-up and Prognosis**

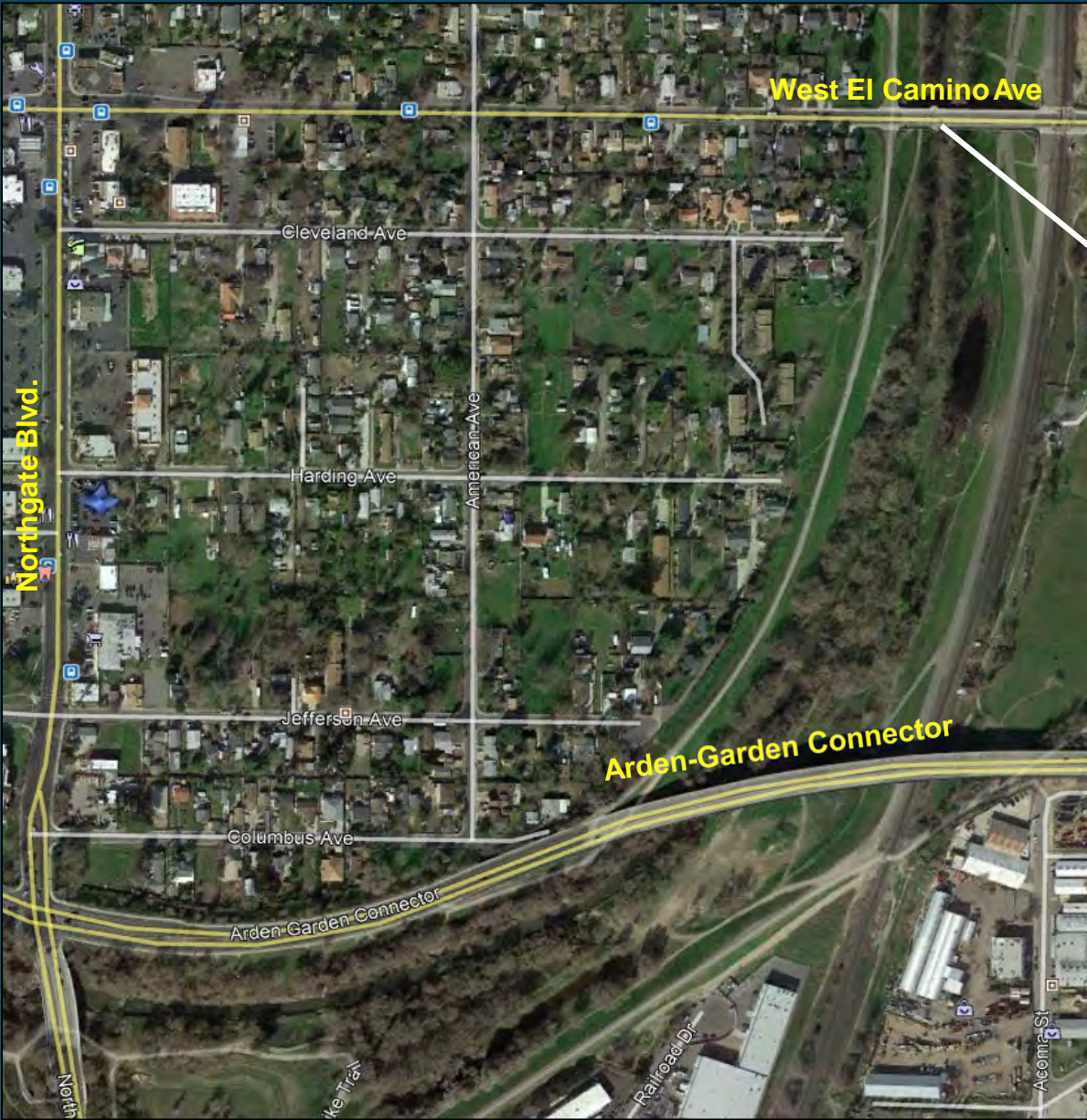
**Roland Brady, Ph.D., P.G.**  
Emeritus Professor of Geology

December 20, 2018



"Parkway Reach"

# “Parkway Reach” Steelhead Creek



American  
River  
Parkway  
ends here.

## CONDITION:



Important riparian habitat. Refuge for fish, birds, salamanders, frogs, snakes, otters, beavers, raccoons, and.....

## Central Valley Steelhead and Central Valley spring run Chinook Salmon.\*

- Majority of California's steelhead populations listed under federal Endangered Species Act (ESA).



With dwindling populations and passage issues, undammed watersheds are more important than ever.

\* <http://calfish.ucdavis.edu/location/?ds=694&reportnumber=1276&catcol=4690&categorysearch=%27Upper%20Steelhead%20Creek%27>

Numerous homeless camps. Have a large and damaging footprint.



## Numerous pernicious impacts:



- Removal of understory vegetation by trampling. Recovery difficult.
- Digging and destabilizing banks. Exacerbates erosion > fine sediment in channel esp. during high flows.

- Ecological segmentation of riparian corridor esp. at night: people, dogs, smoke, smells. Disruptive to wildlife.





But most evident are tons of debris...



..including hazardous waste...



...that line the banks....



...and wash into the creek when the waters rise...



...forming a hellish stew.



**WHAT WE'VE BEEN DOING ABOUT IT:**

- Organized 2 cleanups with American River Parkway Foundation including homeless volunteers. Parks provided equipment and dumpsters.



On Oct. 13, between the Northgate and El Camino bridges, we removed over **23,000 lbs** of trash!

Thanks, Parks crew!!

- Received a minigrant from Sacramento Area Creeks Council to:

- 1) Develop protocol to measure and assess the debris.

(Existing protocols do not effectively address the conditions or questions needed.)

- 2) Develop a collaborative relationship with homeless campers to clean up and reduce the amount of debris discarded.



## PROTOCOL QUESTIONS:

- What kinds of debris are present?
- How much is toxic?
- Where did it come from? Camping vs. dumping?
- How much is there?
- How much of the channel bottom does it cover?
- What is its effect on wildlife and habitat?
- Can it be cleaned up? If so, how?

# The first attempt:



All this debris  
came from this one small area!

# The Protocol:



- Lay out 15' x 20' area (300 sq ft).
- Assign “**VIF**” = **V**isual **I**mpairment **F**actor (How much junk can be seen under water from the bank?)
  - **0** = none to **5** = “significant”.
- Remove debris and count each piece.
- Sort into classes (plastic, textile, metal, etc.).
- Bag and measure volume each class.
- Weigh each class.
- Photo document. Tabulate data.

## Example, Site 8:



- 1) Lay out 15-ft x 20-ft quad. = 300 sq ft
- 2) Observe 2 tires, 2 shopping carts, 1 sleeping bag. **VIF= 4**
- 3) Remove and count debris, measure volume and weigh by category.

Item	Note	Number	Vol (cu ft) (Hts @ 20" diam)	Wt (lbs)
<b>Textiles:</b>		<b>66</b>	<b>7.5</b>	<b>195</b>
Blanket, sleeping bag, quilt, pillow		6		
Mattress, pad		12		
Clothing (large-coat, shirt, pants)		8	13	69
Clothing (small-underwear, hat, sock, glove)		0	12	58
Tent or fragment of		2	16	68
Carpet remnant		3		
Storage or travel bag		28		
Misc. (shoes)		7		
<b>Plastic:</b>		<b>148</b>	<b>5.8</b>	<b>54</b>
Tarp (larger than 1' x 1')		3		
Bag		40		
Fragment (smaller than 1' x 1')		81		
Plastic container (large > 1 qt)		1	20	34
Plastic container (small < 1 qt)		2	12	20
Fishing line		4		
Styrofoam		17		
Misc.				
<b>Rubber:</b>		<b>41</b>	<b>57.1</b>	<b>722</b>
Truck tire	@ 5.8 cu ft and 90 lbs/tire	0		
Automobile tire	@ 2.0 cu ft and 22 lbs/tire	27	54.0	594
Foam mat fragment	2 each at 24x24x3	3	2.0	125
Bicycle tire		3		
Hose		4	6	3
Misc.		4		
<b>Metal:</b>		<b>26</b>	<b>36.1</b>	<b>298</b>
Shopping cart	@ 15 cu ft and 60 lbs	2	30.0	120
Bicycle frame	@ 1.5 cu ft and 12 lbs	0		
Automotive parts		1		
Bicycle part		3		
Container		10	16	48
Cooking items		0		72
Wire, pipe, and tubing		9		
Car seat inc cushion	24x29x8	1	3.2	58.0
Misc.				
<b>Electronics and Electrical:</b>		<b>3</b>	<b>0.3</b>	<b>2.5</b>
Car stereo, radio		3	0.3	
<b>Paper, Wood and Cardboard:</b>		<b>10</b>	<b>1.6</b>	<b>12</b>
Magazines		4	9	
Boards, plywood		6		
<b>Glass and Ceramic:</b>		<b>75</b>	<b>2.5</b>	<b>44</b>
Container		43	10	
Fragments	Stopped counting, too many	32	4	44
<b>Hazardous materials:</b>		<b>1</b>		
Automobile oil filter with oil		1		

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Bicycle tire		3		
Hose		4	6	3
Misc.		4		



**370** items including 26 tires,  
2 shopping carts, a car seat.  
What's shown + 11 bags.



**1327 lbs, 111 cu ft of debris**

- *1.2 items / sq ft*
- *0.4 cu ft/ sq ft*
- *4.4 lbs/ sq ft*
- *>70% bottom covered =  
210 sq ft.*

Co-conspirator  
CrystalTobias



Sites range 60% to 90% of channel bottom covered by buried debris.



# DEBRIS IN THE CHANNEL:

## Hazardous waste:

- Batteries, insecticides, paints, pharmaceuticals, detergents, compressed gasses, fuels and lubricants, human feces.

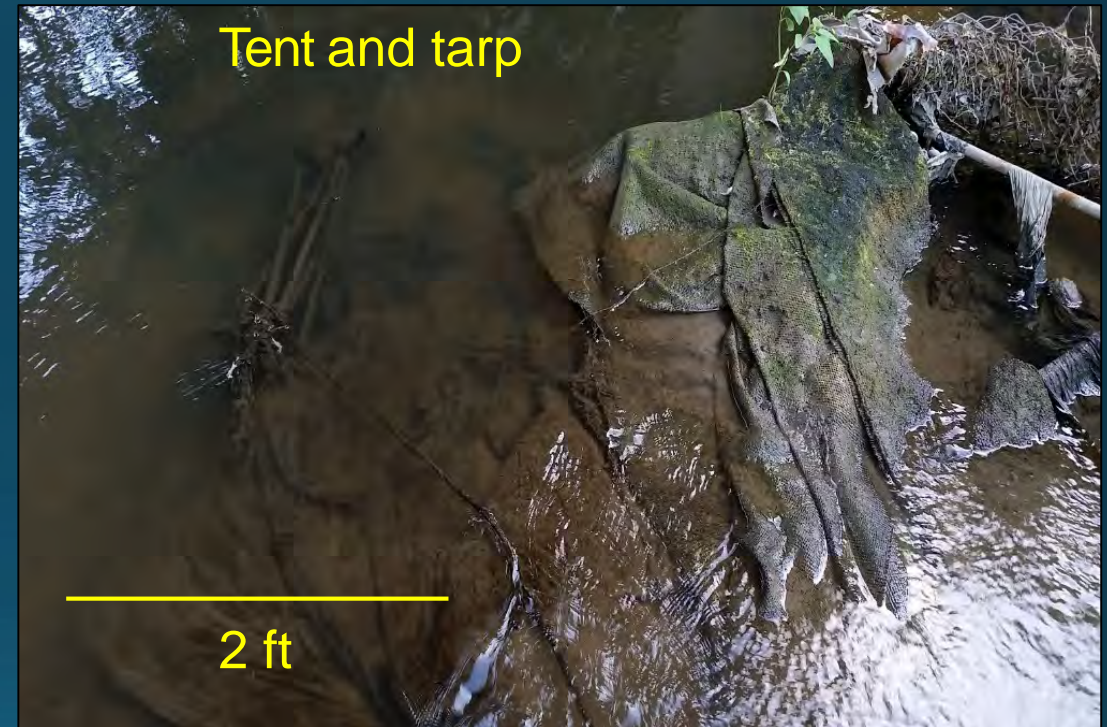
## Plastics:

- Decompose to small (“nano”) particles and filaments (“worms”) – ingested.
- Entanglements (e.g. fishing line).

***Effects of these are fairly well documented.***

## But also we are finding that solid waste is more damaging:

- Debris “armors” the channel bottom.
- Armor forms impenetrable barrier to burrowing and rooting.
- Armor prevents cleansing of substrate during high flows.
- Armor separates stream flow from water in substrate creating anoxic “dead zone” where neither plant nor animal can survive.



# So, who cares?

## ECOLOGISTS

- Type/amount debris.
- Impacts on ecosystem esp. salmonids.

## REGULATORS

- “Solid waste”.
- Type/amount.
- Origin ⇒ responsible party.

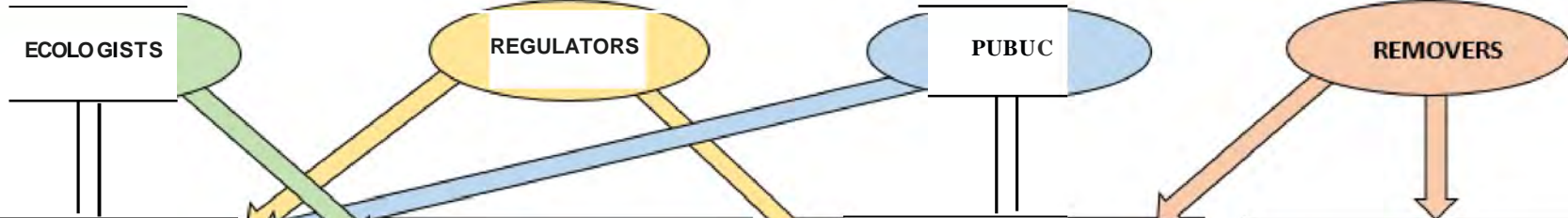
## PUBLIC

- Amount/origin.
- Policy/law.
- Impacts of debris.
- Clean-up cost.

## REMOVERS

- Type, amount debris.
- Equipment + time = \$.
- Impact of removal.
- Permitting.

“Amount” = weight and/or volume. E.g. weight of plastic tarps vs. volume of tarps.



**Quantity & Type of Debris:**

- © Predicted & easy to understand.
- © Quantitative.
- © Counts hazardous waste by source (oil/cars).
- Ⓡ Time consuming.
- Ⓡ Hard to compare reaches (tires vs. shopping carts).

**Area of Channel Covered:**

- © Closest measure of ecological "problem".
- © Quantitative.
- © Easy to compare reaches.
- § Semi-precise difficult to differentiate debris shape (tires).
- § Fairly easy to measure.
- Ⓡ Doesn't include hazardous waste.

**Volume of Debris:**

- © Easy to measure.
- © Quantitative.
- © Fairly predicted for compressible items.
- © Easy to compare reaches.
- Ⓡ Doesn't directly relate to ecological "area" problem.
- Ⓡ Textiles have low volume but large negative impact on area covered.
- Ⓡ Volume of "operational" items (shopping cart).

**Weight of Debris:**

- © Easy to measure.
- © Quantitative, predicted.
- © Consistent with metric used by Parks.
- © Easy to compare reaches.
- § Includes weight of water.
- Ⓡ Heavy items (tires) have less effect on channel bottom than light items (tents).
- Ⓡ Doesn't show hazardous waste.

- Teamed up with homeless people camping outside the Parkway clean up debris. Provided bags, gloves, tools; food gift cards.
- RD1000 agreed to remove bagged trash.

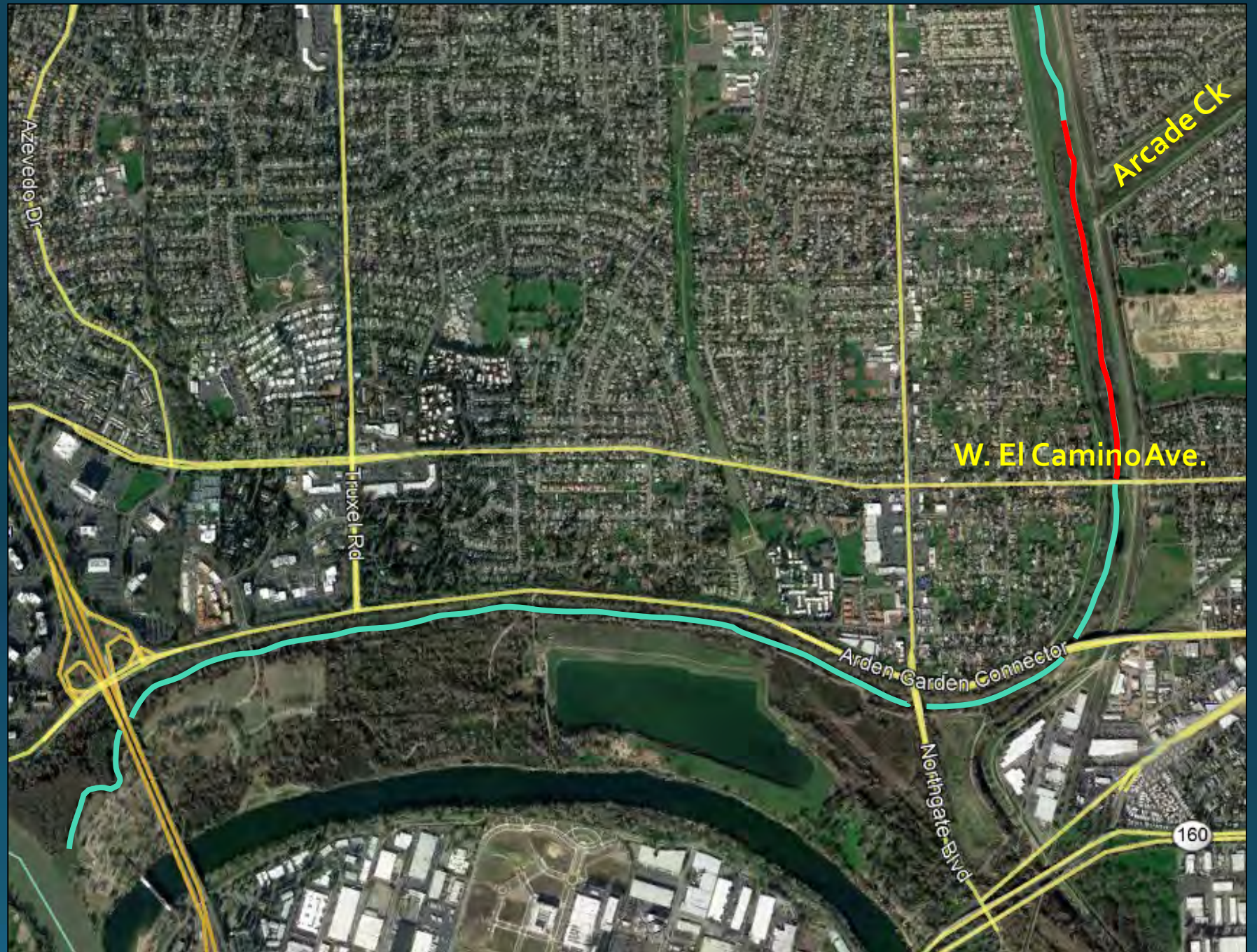


Thanks Jeremy, Jessica and Rudy!



Thanks RD1000!

The most problematic area is upstream of the W. El Camino bridge, outside of the Parkway.



## This area is much worse than the Parkway because:

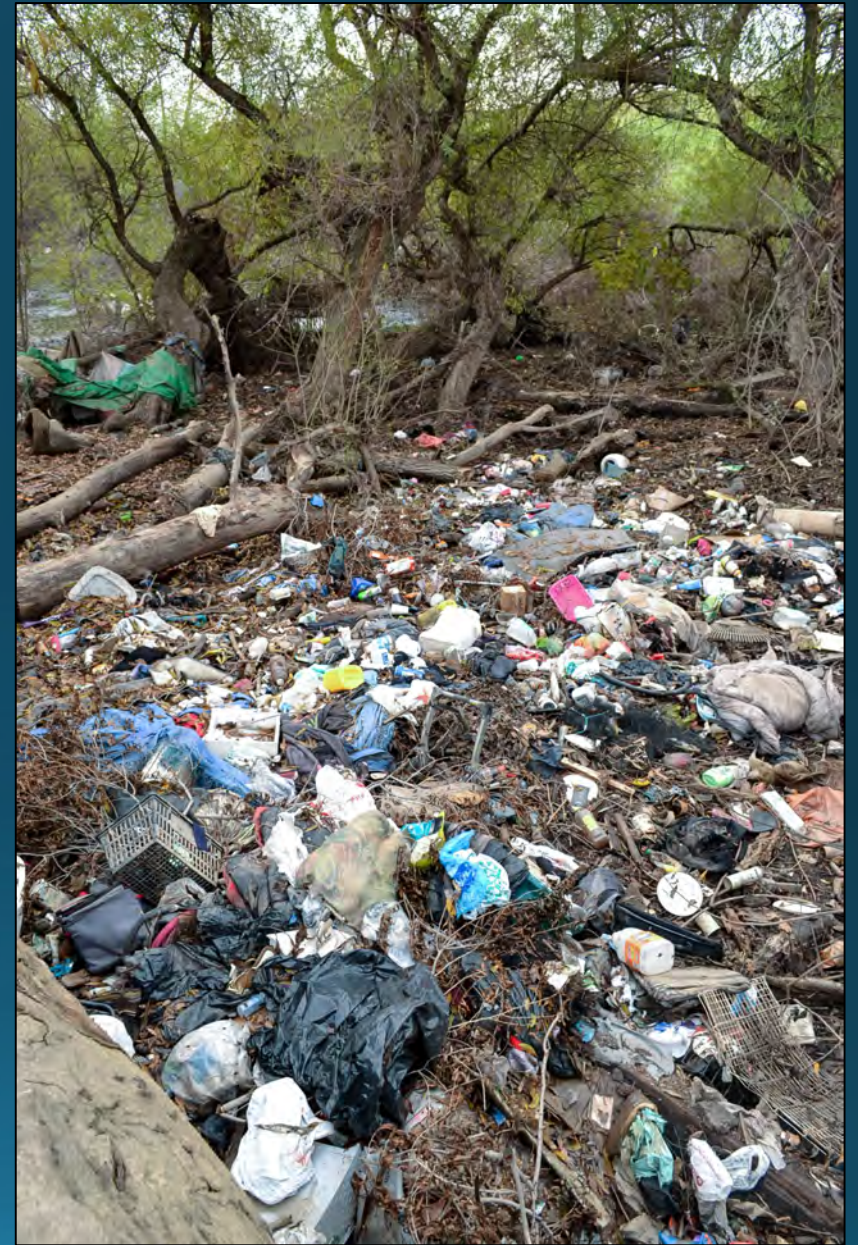
- “Illegal camping” has not been enforced so homeless consider it “less hassle” than the Parkway.
- Multiple agencies: Who is the “responsible party”?  
City? County? RD1000? ARFCD?
- Has not been cleaned in over 5 years.



House boat  
made from  
pallets and  
empty  
propane  
canisters.







Wrote 15 letters and gave presentations to local, county, state, and federal agencies to act because....

***What is going on is ILLEGAL!***

**CALIFORNIA PENAL CODE Sec. 374.7(a):**

“...prohibits dumping of any waste matter in a body of water or upon a bank, beach or shore within 150 feet of water”.

**CALIFORNIA FISH AND GAME CODE Sec. 5650:**

“....it is unlawful to deposit, dispose of or permit the dumping of solids, liquids or carcasses into state waters”.

**WATERS OF THE UNITED STATES-** covered by Clean Water Act CWA (1972):

**Section 404 Clean Water Act** (2015 Clean Water Rule)

“..to restore and maintain the chemical, physical, and biological integrity of the Nation's waters....” section 101(a).

**Supreme Court** consistently agreed CWA protects chemical, physical, and biological integrity of upstream waters, that play a crucial role in controlling sediment, filtering pollutants, reducing flooding, providing habitat for fish and other aquatic wildlife, and many other vital chemical, physical, and biological processes.

**Finally**, based on findings of debris survey, CVRWCB intervened:

- Held meetings with CDF&W, RD1000, City, County, ARFCD.
- Initiated cleanup Dec. 10-13:
  - RD1000 and ARFCD provided heavy equipment and operators.
  - Manual labor from County sheriff's work crews.

Largest coordinated cleanup in County history.













Converting this....

To this.

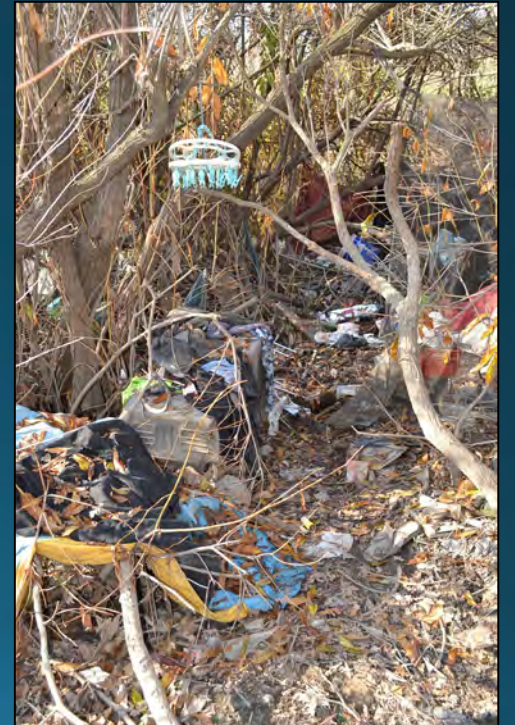
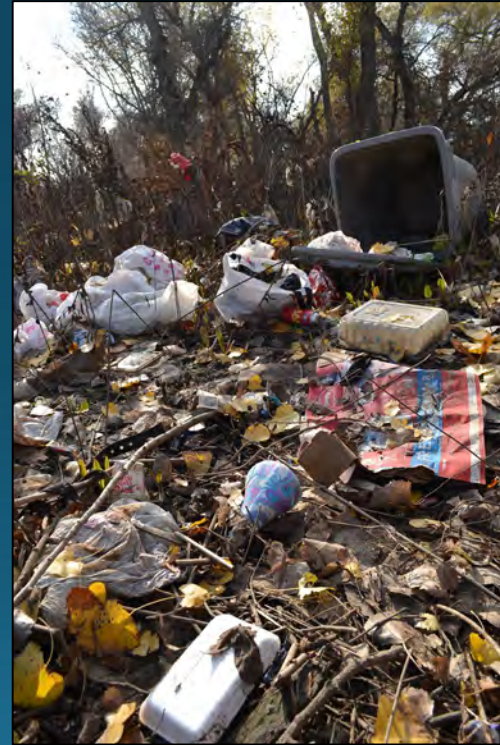


**RD 1000 hauled 45,160 lbs!**

**ARFCD hauled 49,840 lbs!**

But many tons remain...estimate 40% of debris removed.

Large areas upstream not touched.



And there are no plans (yet) to clean the channel.



# WHAT'S NEXT?

- 9<sup>th</sup> circuit court decision – Martin vs. City of Boise  
What can be done to control camping?
- Interagency task group – “responsible parties”.
- CDF&W & CVRWCB interested in “restoring” creek.
- Reclassify as Nature Preserve? (E.g. Arcade Ck)
- Protect floodplain > civic amenity. Environmental Justice issue?

- Continue debris study upstream of W. El Camino.
- DWR floodSAFE grant: "...enhance ecosystems".
- Volunteer cleanups inc. SACC Creek Week April 13th.
- Work collaboratively with agencies, community to develop long-term, integrated management plan.
- Discussions with PRIDE industries to include jobs for homeless people to clean up.

## **ACKNOWLEDGEMENTS:**

The following have made important contributions toward preserving the habitat of Steelhead Creek. Continued progress depends on this collaboration.

- **Central Valley Regional Water Control Board**, especially Richard Muhl and Adam Laputz – coordinated the upstream cleanup.
- **Sacramento Area Creeks Council** – Funded the debris study that “initiated action by Water Board”.
- **City and County of Sacramento**; rangers and sheriffs; work crews – participated in the upstream cleanup.
- **RD 1000, American River Flood Control District** – provided crews and equipment for the “upstream” cleanup.
- **California Department of Fish and Wildlife** – helped coordinate the upstream cleanup.

- **Crystal Tobias** – intrepid partner on cleanups and survey.
- **Jessica Cervantes, Jeremy Bates and Daniella Nieto** – homeless volunteers who participated in cleanups and helped educate other campers to protect the watershed.
- **American River Parkway Foundation**, especially Justino Santana – helped organize the Oct. 13<sup>th</sup> and 20<sup>th</sup> cleanups.
- **Sacramento County Parks Operations Crews** especially Ron Nelson – provide equipment and doggedly clean up the Parkway on an ongoing basis.
- **Sacramento County Park Rangers** – undertake the thankless job enforcing much-needed environmental regulations in the Parkway.



# Let's restore Steelhead Creek!



The decisions and actions we make today will affect this land for generations. We can, and should, do better.